Medications and Supplements to Avoid Before Procedures

Do not ingest any brand of aspirin, or any aspirin-containing medication, any MAO-inhibiting, or any serotonin medications, for 14 days prior to and 14 days after surgery. Disclose every medication, supplement, etc. with Dr. Kirby and your anesthesiologist. Aspirin and aspirin-containing products, as well as some supplements and herbals, may inhibit blood clotting and cause difficulties during and after surgery. If you need an aspirin-free fever reducer and pain reliever, take Tylenol. Also, if you smoke, you must refrain for at least 6 weeks prior and 6 weeks after your surgery date. Smoking significantly reduces your body's circulation and vascularity, meaning that your tissues won’t receive all the oxygen needed for proper healing.


Bayer Aspirin, BC Powder/Tablets, Bilberry, Brufen, Buffaprin, Buffasal, Bufferin, Butalbit, Buffets II, Buffex, Buffinol, Butazolidin

Coumadin, C-Advil Cama, CataFlam Tablets, Carisiprodol, Cayenne, Cephalgesic, Cheracol, Chromium, Clinoril, Congespirin, Contac, Cope, Coricidin, Chamomile

Damason, Dasin, Dipryridamole, Disalcid, Diurex, Doan's, Dolcn, Dolobid, Dophirn, Drinopehn, Dristan, Duoprin, Duradyne, Dong Quai Root

Vitamin E, E-aspirin, Echinacea, Ecolrin, Ecotrin, Emagrin, Empirin, Emprazil, Endodan, Epromate, Equagesic, Equazine-M, Excedrin, ExPrazi, Ephedra

Feldene, Fenoprofen, Feverfew, Fiogesic Tablets, Fioricet, Fiorinal, Florgen PF, Flurbiprofen

Garlic, Gingko, Ginbko Biloba, Ginseng, Goody's, Genaced, Genacote, Gelpirin Tablets, Genprin, Gensan, Ghemnisym, Gennin, Ginger, Goldenseal, Guarana, Gotu Kola

Halfprin, Haltran, Heparin, Hydroxycut, Horse Chestnut, Hawthorn

Ibuprofen, Ibuprin, Indocin, Indochron, Indomethacin, Infantol Pill, Isollyl

Ketoprofen, Kava Kava

www.KirbyPlasticSurgery.com
Lanorinal, Licerice Root, Lodine, Lemon Verbena, Lavender

Motrin, MAO inhibitors, Magan, Magnasprin, Magsal, Marnal, Marhritic, Measurin, Meclomen, Meclofenamate, Medigistic-Plus, Medipren, Meditren, Melatonin, Menadol, Meprogesic Q, Micraninin, Midol, Mobidin, Mobgesic, Momentum Back Ache Formula, Monogesic, Muwort, Ma Huang

Nalfon, Nardil, Nardilzine, Naprosyn, Neomycin, Neogesic, Norgesic, Norwich Extra Strength Aspirin, Nov-naproxen, Nuprin, NyQuil

Orphenagesic, Orudis, Oruvail

Pabulate-SF, Pabrin, Pacaps, Pamprin-IB, Panalgesic, Panodynes, Papaya, PediaProfen, Pedrazil, Persantin, Persisrin, Persistin, PetoBismol, Phenaphen, Phenetron Compound, Piroxicam, Polymyxin, Ponstel, Presalin

Quagesic, Quiet World Analgesic (sleeping aid), Quinine

Relafen, Rexolate, Rhinex, Robaxin, Robasinal, Roxiprin, Rufin, Robaxisal

Salabuff, Salatin, Saleto, Salflex, Salicylamine, Salocel, Salsalate, Salsitab, Serzone, Sign Off Sinus, Sine Aid, Sine Off, Soma Compound, St. John’s Wort, St. Josephs Aspirin, Stanback Analgesic, Sudafed, Sulindac, Supac, Synalogos, Selenium

Talwin Compound, Tenol-Plus, Tolectin, Tolmetin, Toradol, Tr-Pain Tablets, Trilisate, Trendar, Trental, Triaminici, Tricosal, Tri-Pain, Trigesic, Trilisate, Tusal

Ultrapin, Unipro, Ursinos

Vitamin E, Valesin, Vanquish, Verin, Viro-Med, Vivarin, Voltaren, Valerian Root

Warafin (Coumadin), Wellbutrin, Wesprin Buffered, Willow Bark

Yohimbe

Zactrin, Zorprin, Zyban

DIET PILLS, FAT LOSS SUPPLEMENTS AND STACKERS: Please stop taking these pills at least 2 weeks before surgery. Many of these pills contain anticoagulants and can seriously impede your body’s ability to clot sufficiently, resulting in hemorrhaging. Many of them also contain ephedra and caffeine, which can affect your anesthetic medications. Remember: if you take antibiotics or if you stop oral contraceptive pills for surgery, use an alternative method of birth control.